

# OUR WATER, OUR HEALTH !



**Belgique**

partenaire du développement

Enabel, the Belgian Development Agency through,  
Its Water Team in Democratic Republic of Congo

Present : "**Our Water, Our Health**"

With the active participation of the Ministry of Rural Development and  
the Ministry of Energy and Hydraulic Resources

***AN ORIGINAL STORY BY  
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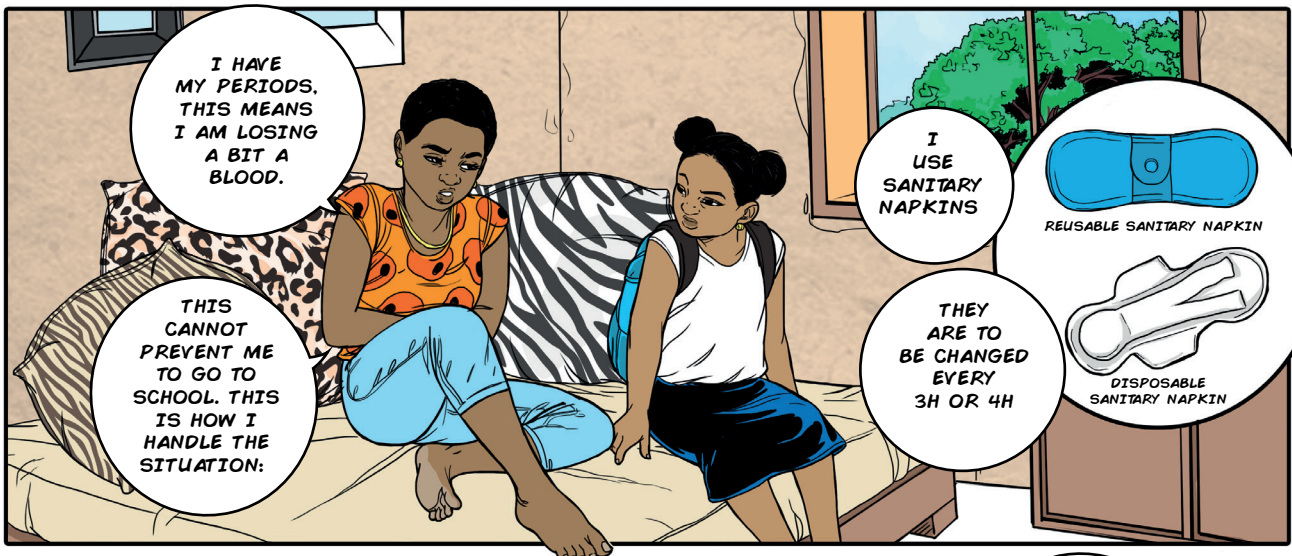


IT IS 07:00 AM YAYA, YOU ARE GOING TO BE LATE FOR SCHOOL!

LISTEN, I AM NOT FEELING VERY WELL TODAY...



COME AND SIT HERE, I'LL TELL YOU WHAT BOTHERS ME.



I HAVE MY PERIODS, THIS MEANS I AM LOSING A BIT A BLOOD.

THIS CANNOT PREVENT ME TO GO TO SCHOOL. THIS IS HOW I HANDLE THE SITUATION:

I USE SANITARY NAPKINS



REUSABLE SANITARY NAPKIN

THEY ARE TO BE CHANGED EVERY 3H OR 4H



DISPOSABLE SANITARY NAPKIN



ON EACH OCCASION WE HAVE TO WASH OUR PRIVATE PARTS WITH CLEAN WATER...

REUSABLE SANITARY NAPKINS ARE TO BE SOAKED INTO CLEAR WATER DURING 30 MINUTES AND THEN I GENTLY WASH THEM WITH SOAP AFTERWARD, THEY JUST NEED TO BE DRIED IN THE SUN.



HEY LET'S GO OR WE WILL BE LATE!

LET'S GO!

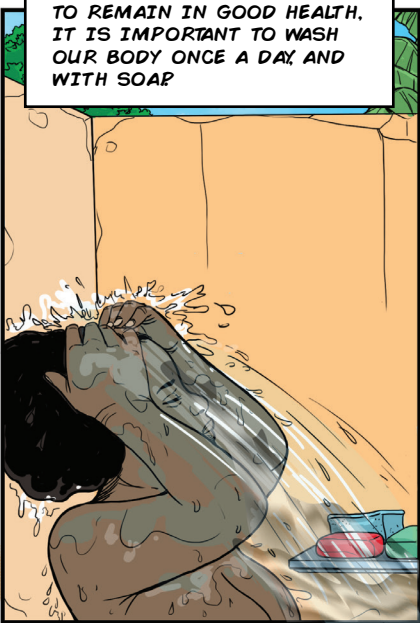
ON THE WAY TO SCHOOL, SAFI MEETS A WOMAN TRYING TO GET IN A TAXI...



... THERE IS AN ODD SMELL AROUND ...



TO REMAIN IN GOOD HEALTH, IT IS IMPORTANT TO WASH OUR BODY ONCE A DAY, AND WITH SOAP



OUR CLOTHES SHOULD BE CLEANED AND, IF POSSIBLE, IRONED.



ON THE TOP OF IT, EVERYBODY ENJOYS!



DURING THE BREAK, SAFI PLAYS SOCCER WITH HER BEST FRIEND AKILI AND THE OTHER KIDS FROM SCHOOL.



AKILI, SHOOT THE BALL!

DON'T LET HIM STRIKE!

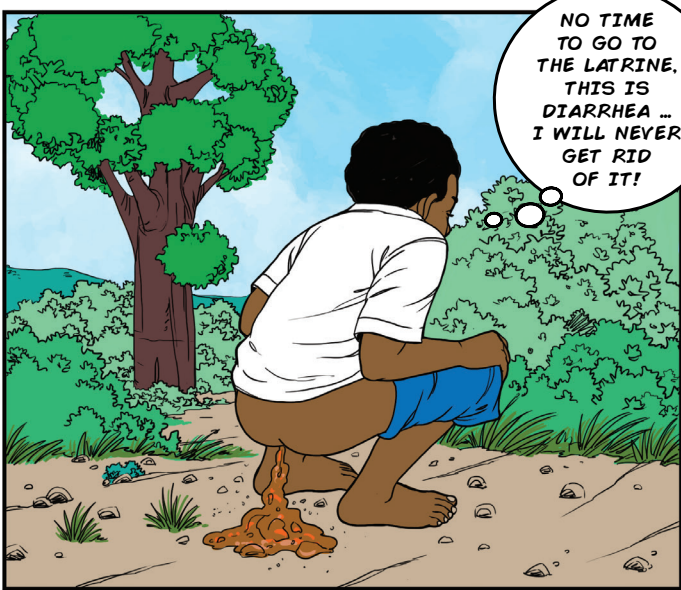
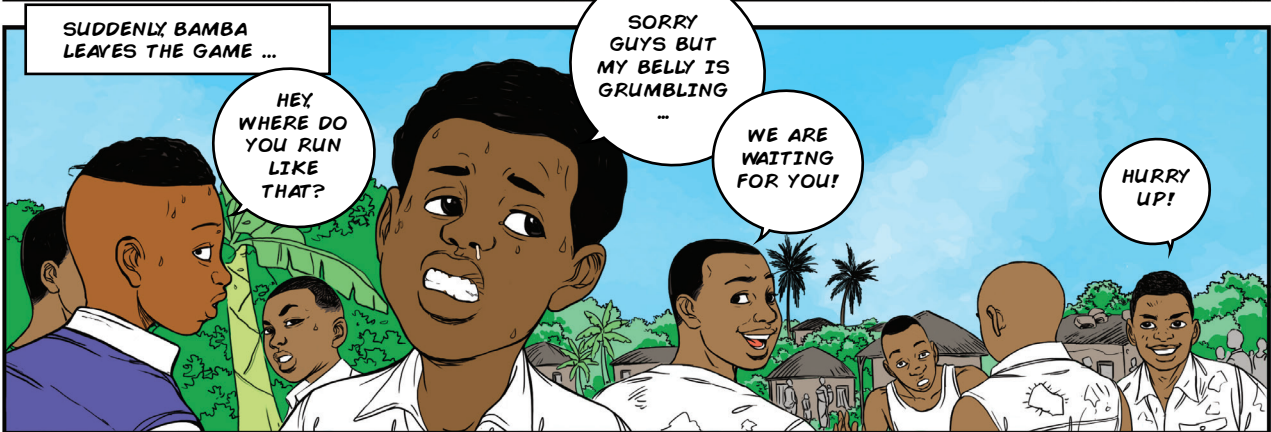
SUDDENLY, BAMBA LEAVES THE GAME ...

HEY WHERE DO YOU RUN LIKE THAT?

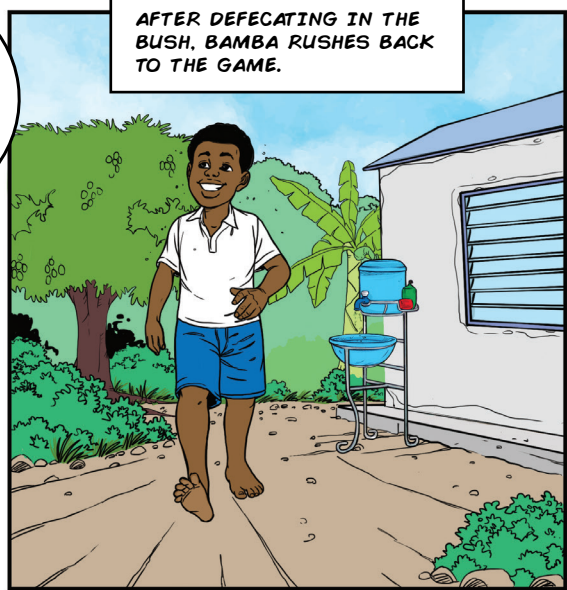
SORRY GUYS BUT MY BELLY IS GRUMBLING ...

WE ARE WAITING FOR YOU!

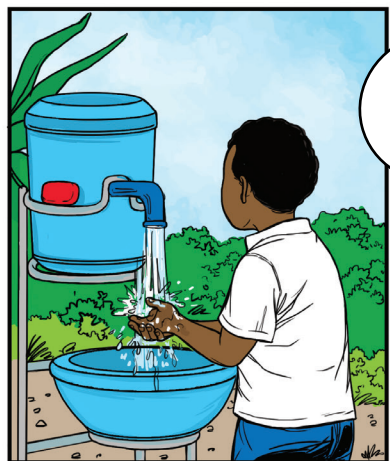
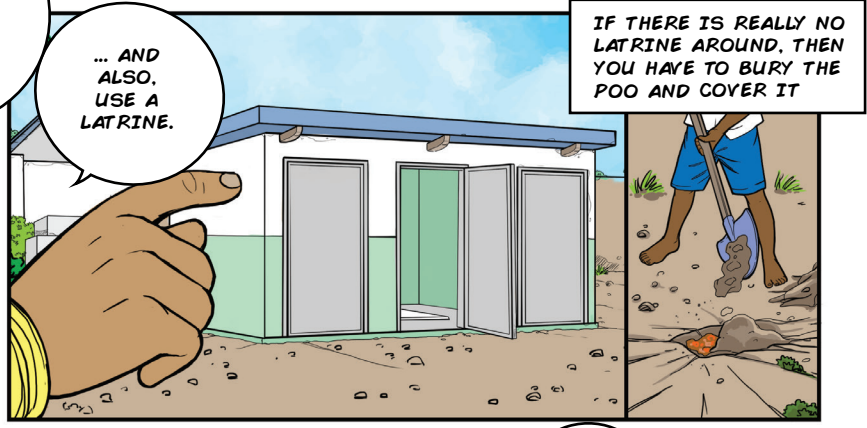
HURRY UP!

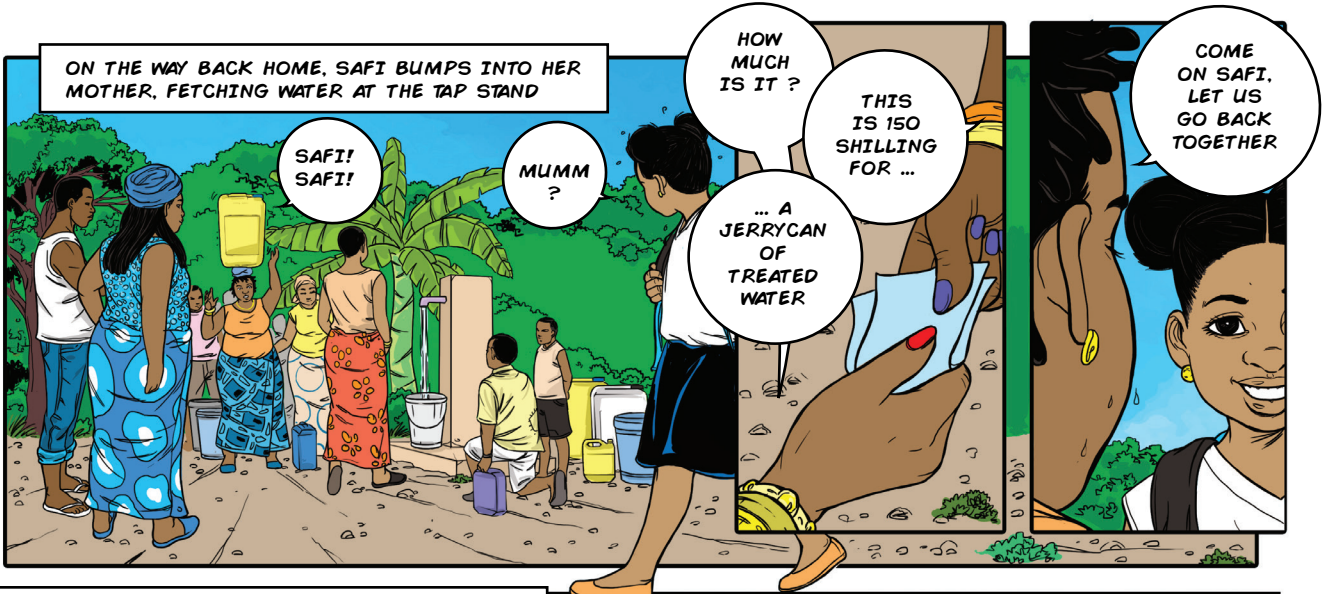


NO TIME TO GO TO THE LATRINE. THIS IS DIARRHEA ... I WILL NEVER GET RID OF IT!



AFTER DEFECCATING IN THE BUSH, BAMBA RUSHES BACK TO THE GAME.





ON THE WAY BACK HOME, SAFI BUMPS INTO HER MOTHER, FETCHING WATER AT THE TAP STAND

SAFI!  
SAFI!

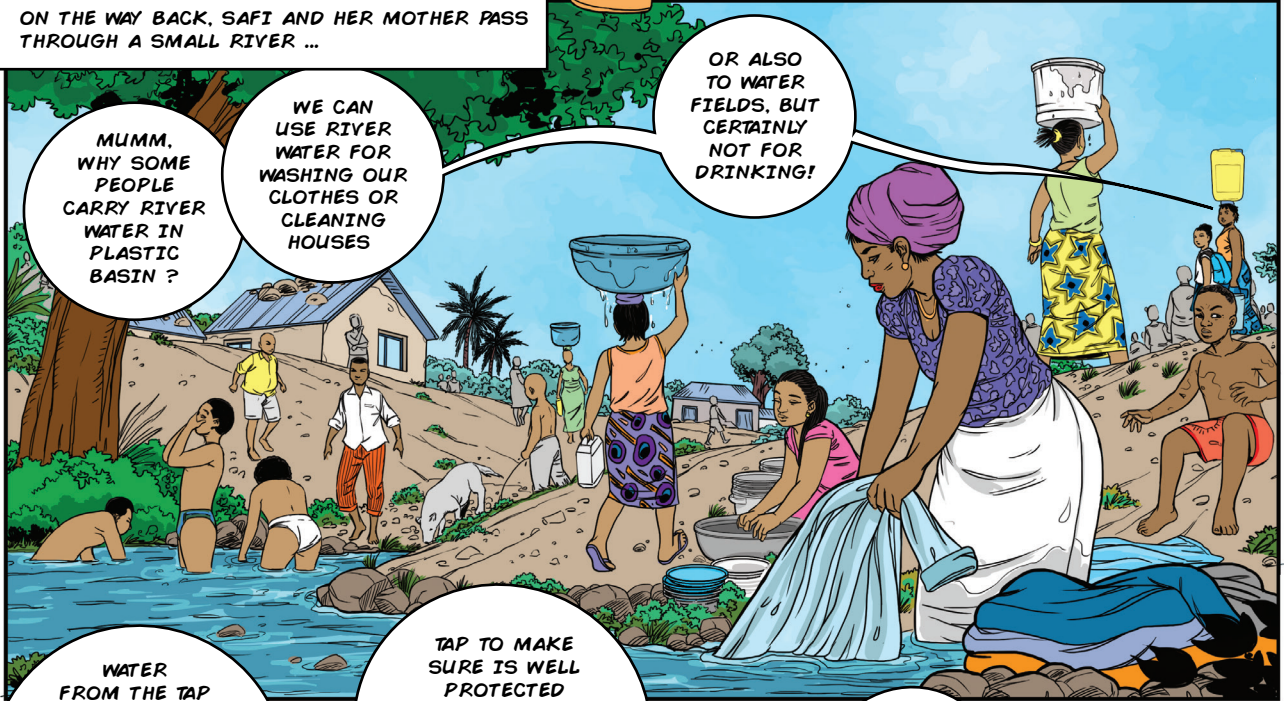
MUMM?  
?

HOW MUCH IS IT ?

THIS IS 150 SHILLING FOR ...

... A JERRYCAN OF TREATED WATER

COME ON SAFI, LET US GO BACK TOGETHER



ON THE WAY BACK, SAFI AND HER MOTHER PASS THROUGH A SMALL RIVER ...

MUMM, WHY SOME PEOPLE CARRY RIVER WATER IN PLASTIC BASIN ?

WE CAN USE RIVER WATER FOR WASHING OUR CLOTHES OR CLEANING HOUSES

OR ALSO TO WATER FIELDS, BUT CERTAINLY NOT FOR DRINKING!

WATER FROM THE TAP STAND IS TO BE CARRIED IN A CLOSABLE JERRY CAN AND STORED IN A PLASTIC BUCKET WITH LID AND ...

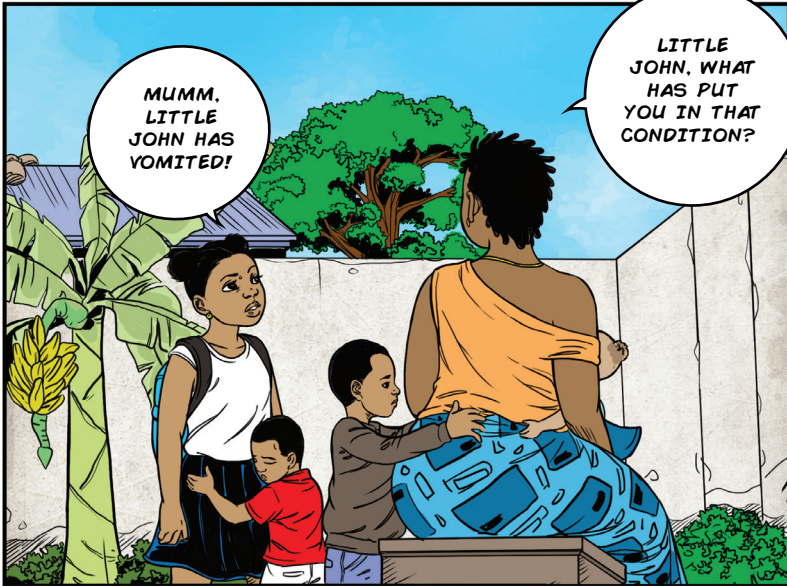
TAP TO MAKE SURE IS WELL PROTECTED OTHERWISE, WATER CAN BE CONTAMINATED BY INSECTS AND DIRTY HANDS.



HEY LITTLE JOHN WHAT IS HAPPENING TO YOU?

OUA AAH!

I AM NOT FEELING WELL ...



MUMM, LITTLE JOHN HAS VOMITED!

LITTLE JOHN, WHAT HAS PUT YOU IN THAT CONDITION?

KIDS, LET ME TELL YOU SOMETHING :

... TO AVOID WATERBORNE DISEASES :



WE HAVE TO WASH OUR HANDS BEFORE EATING AND AFTER VISITING THE LATRINE

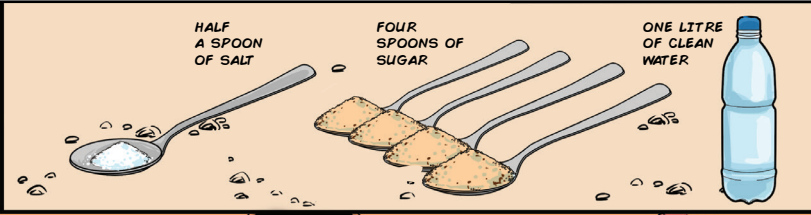


WHEN SOMEONE IS VOMITING AND HAVE DIARRHEA, WE HAVE TO CLEAN IT WELL AND POUR THE MESS INTO THE LATRINE



IF YOU ARE THIRSTY ONLY USE CLEAN TREATED WATER WELL PROTECTED AT HOME OR AT SCHOOL

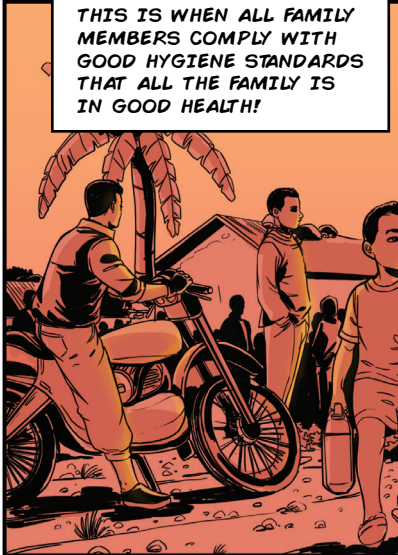
LITTLE JOHN, YOU ARE GOING TO TAKE AN ORAL REHYDRATION SERUM : HALF A SPOON OF SALT AND 4 SPOONS OF SUGAR IN ONE LITRE ON CLEAN WATER



HALF A SPOON OF SALT

FOUR SPOONS OF SUGAR

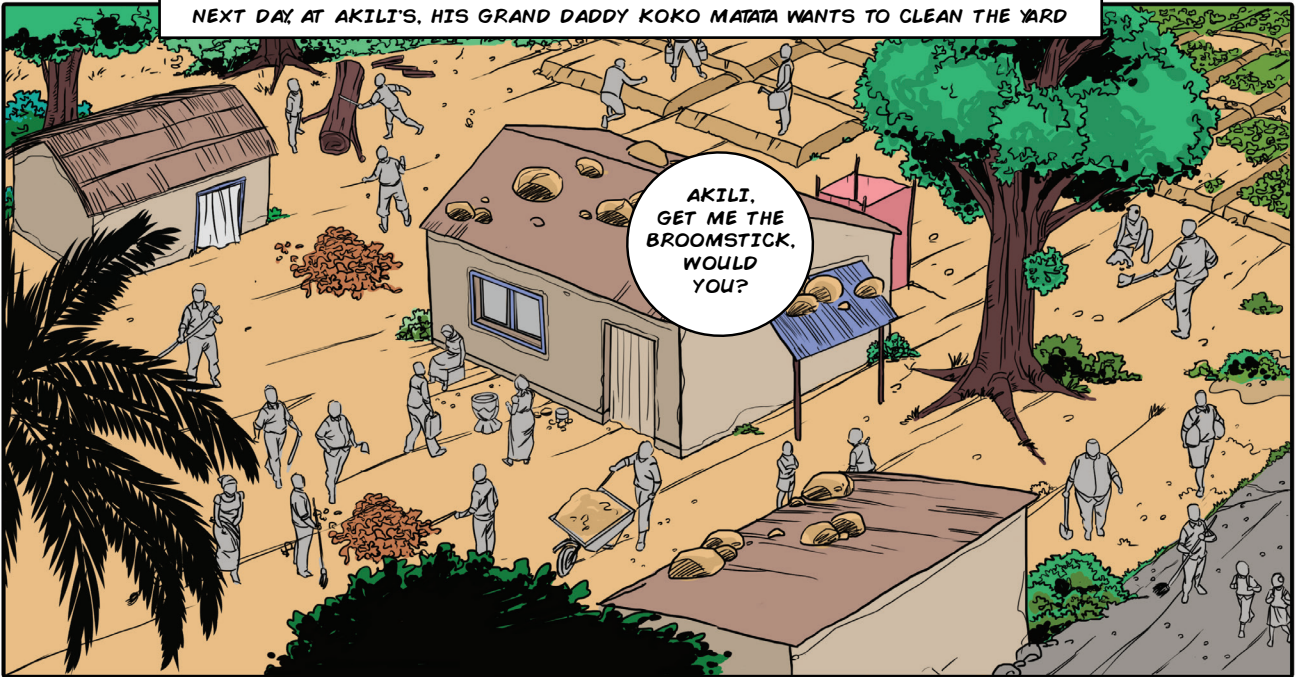
ONE LITRE OF CLEAN WATER



THIS IS WHEN ALL FAMILY MEMBERS COMPLY WITH GOOD HYGIENE STANDARDS THAT ALL THE FAMILY IS IN GOOD HEALTH!



NEXT DAY AT AKILI'S, HIS GRAND DADDY KOKO MATATA WANTS TO CLEAN THE YARD



AKILI,  
GET ME THE  
BROOMSTICK,  
WOULD  
YOU?

HE BRUSHES A WHOLE MIX OF GARBAGE,  
FRUIT PARTS, LEAVES AND WEEDS...



... TO THROW THEM ALL IN THE STREET ...



HEY !  
KOKO  
MATATA !

DID YOU  
KNOW THAT  
THESE ORGANIC  
WASTES ARE  
ACTUALLY  
A PLANT  
FERTILIZER?



I JUST  
WANT TO  
GET RID  
OF ALL THAT  
GARBAGE...

ORGANIC WASTES SUCH AS LEAVES, WEEDS, FRUIT PART, ETC CAN BE COMPOSTED TO END UP AS FREE AND NATURAL FERTILIZER. YOU JUST NEED TO PUT THEM IN SOME PLACES AND LEAVE THEM ALONE.



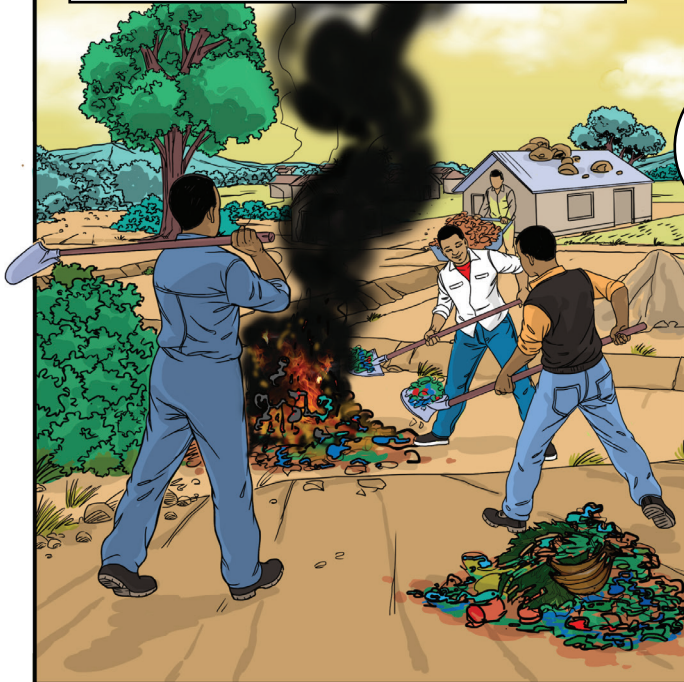
AFTER A FEW MONTHS, YOUR NATURAL FERTILIZER, MIXED WITH A BID OF SAND CAN BOOST YOUR FIELD IN HELPING YOUR PLANTS TO BETTER GROW ...



NEVERTHELESS, PLASTIC AND METAL RUBBISH ATTRACT INSECTS AND RODENTS, AND THEN A WHOLE PACKAGE OF DISEASES...



IF WE CANNOT RECYCLE THAT GARBAGE LOCALLY THEN THEY BETTER BE BURNED AND BURIED IN ANOTHER HOLE



SEE YOU SOON,

FOR ANOTHER ADVENTURE !



END OF EPISODE 1



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